## Oakview Breakfast Menu
### November 1 - December 6, 2019

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>10/28/19</td>
<td>10/29/19</td>
<td>10/30/19</td>
<td>10/31/19</td>
<td>11/1/19</td>
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<td>SNOW  DAY</td>
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**Choice of Milk**
- 1% white, fat-free white, chocolate, vanilla and strawberry
- 2%
- Skim
- Whole

### What is a Meal?
- You must choose at least 3 of the 4 components available for the school breakfast price.
- Choice of Grain or Grain/Protein
- Choice of Fruit or Vegetable
- You must take at least 1/2 cup of fruit or vegetable

### Whole Grain Cereal Selection May Include:
- Cinnamon Toast Crunch
- 5ix
- Cocoa Puffs
- Fruity Cheerios
- Rice Cereal
- Lucky Charms
- Cherrios
- Fruit Loops
- Toasted Rakes
- Chex

### Fruit May Include:
- Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

**Student Paid Breakfast $1.05**
**Student Reduced Breakfast $0.30**
**Adult Breakfast $1.80**