<table>
<thead>
<tr>
<th>Date</th>
<th>Entree</th>
<th>Weekly Veggies</th>
<th>Daily Entree Options May Include:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Italian Salad</td>
<td>Tomato Soup, Sliced Cucumbers, Choice of Fruit &amp; Milk</td>
<td>Alessi, Broccoli, Green Beans</td>
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<tr>
<td>Wednesday</td>
<td>Penne Pasta &amp; Meatballs</td>
<td>Spinach Salad, Steamed Green Beans, Choice of Fruit, Choice of Milk</td>
<td>Alessi, Broccoli, Green Beans</td>
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<tr>
<td>Thursday</td>
<td>Carved Turkey Breast Stuffing</td>
<td>Steamed Corn, Mash Potatoes &amp; Gravy, Choice of Fruit, Choice of Milk</td>
<td>Alessi, Broccoli, Green Beans</td>
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<tr>
<td>Friday</td>
<td>BBQ Pork Mac. and Cheese Roll</td>
<td>Spinach Salad, Mash Potatoes &amp; Gravy, Choice of Fruit, Choice of Milk</td>
<td>Alessi, Broccoli, Green Beans</td>
</tr>
</tbody>
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**Weekly Vegetables May Include:**
- Spinach, broccoli, romaine, and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
- Beans/Peas - white potatoes, corn, and lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, and cabbage
- Daily Fruit Selection May Include:
  - Oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries
- Daily Entree Options may include:
  - Peanut Butter and Jelly Sandwich
  - Featured Weekly Entree
  - Chef Salad & Weekly Special Salad
  - Pizza Cravables

All options include the vegetables, fruits and components available for the school lunch price.

**What's a Meal?**
You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

**Weekly Vegetable Subgroups May Include:**
- Dark green - spinach, brussel sprouts, romaine, and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
- Starchy - white potatoes, corn, and lima beans

**Other Vegetables** - celery sticks, cucumbers, cauliflower, green peppers, green beans, and cabbage

**Daily Fruit Selection May Include:**
- Oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries

*Keep warm by eating right!*

**Lunch Prices**
- Student: $1.85
- Reduced: $0.40
- Adult: $3.15

**General Manager**
Darlene Wendrock

**Phone Number**
724-376-7911 ext. 6125

**USDA is an equal opportunity provider and employer.**