



Lakeview PK-12 Athletics Health and Safety Plan

The decision to resume sports-related activities, including conditioning, practices, games, and events, is within the discretion of the Lakeview School District's governing body. The Lakeview School District must create an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students, which will serve as the local guidelines for all instructional and non-instructional school reopening activities. The plan must include the provisions of this guidance, be approved by the local governing body of the Lakeview School District, and be posted on the school's publicly available website. The Lakeview School District will also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

The Lakeview School District will continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school's public website.

Table of Contents

Athletics Health and Safety Plan	3
Resuming PK- 12 Sports-Related Activities	4
Primary Point of Contact	4
Key Strategies, Policies, and Procedures	5
Cleaning, Sanitizing, Disinfecting and Ventilation	6
Social Distancing and Other Safety Protocols	8
Monitoring Student and Staff Health	14
Other Considerations for Students and Staff	17
Return to Competition: Stakeholder & Individual Sport Considerations	21
Athletic Health and Safety Plan Professional Development	32
Athletic Health and Safety Plan Communications	33
Athletics Health and Safety Plan Summary	34
Facilities Cleaning, Sanitizing, Disinfecting and Ventilation	34
Social Distancing and Other Safety Protocols	35
Monitoring Student and Staff Health	36
Other Considerations for Students and Staff	38
Athletics Health and Safety Plan Governing Body Affirmation Statement	39

Athletics Health and Safety Plan: LAKEVIEW SCHOOL DISTRICT

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that can completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- The Red Phase: Schools remain closed for in-person instruction and all instruction must be provided via remote learning, whether using digital or non-digital platforms. Provisions for student services such as school meal programs should continue. Large gatherings are prohibited.
- The Yellow Phase and Green Phase: Schools may provide in-person instruction after developing a written Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen. This means that the Lakeview School District will account for changing conditions in our local Health and Safety Plan to ensure fluid transition from more to less restrictive conditions in each of the phase requirements as needed.

Resuming PK-12 Sports- Related Activities

Key Questions

- How do you plan to bring student athletes and coaching staff back to physical school buildings, particularly if you still need social distancing in place? Follow CDC, PDE and DOH guidelines for return to play. Prior to beginning any activities, the individual and/or coach that will be conducting those activities must meet with the Athletic Director/ Pandemic Coordinator to have review and discuss the health and safety protocols and procedures.
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games? All stakeholders will be educated on health and safety protocols and procedures.
- How will you communicate your plan to your local sports and school communities? Regular communication with local authorities, employees and families regarding cases, exposures, and updates to policies and procedures will be provided to all stakeholders. This communication will also be done in a timely manner and the District may use multiple forms of communication and social media platforms.
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports-related activities? The District will account for changing conditions in our Athletics Health and Safety Plan to ensure fluid transition from more to less restrictive conditions in each of the phase requirements as needed per the PDE and DOH. .

Anticipated launch date for sports-related activities: AUGUST 17, 2020

Primary Point of Contact

The Lakeview School District must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact	Position of Point of Contact	Contact Information
Brie Simons	Athletic Director, Athletic Trainer, Pandemic Coordinator	724-376-7911 Ext 6032 b_simons@docs.lakeview.k12.pa.us

Key Strategies, Policies, and Procedures

For each requirement within each domain, document the following:

- **Action Steps under Yellow Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow. List the discrete action steps for each requirement in sequential order.
- **Action Steps under Green Phase:** Identify the specific adjustments the LEA or school will make to the requirement during the time period the county is designated as green. If implementation of the requirement will be the same regardless of county designation, then type “same as Yellow” in this cell.
- **Lead Individual and Position:** List the person(s) responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Professional Development (PD) Required:** In order to implement this requirement effectively, will staff, students, families, or other stakeholders require professional development?

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student-athletes? The District has been ordering EPA approved cleaning supplies and disinfectant in preparation for the upcoming school year to ensure adequate quantities of cleaning supplies are available to start the school year. Ventilation will be monitored regularly and filters changed on a bi-semester basis. Filters will be changed immediately should a positive case of COVID-19 present in the District.
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student-athlete safety? Cleaning and disinfecting will occur on a daily basis while in a Green Phase. Should the County be placed in the Yellow Phase, cleaning will occur multiple times per day while students and staff are present using the facilities. Should a positive case of COVID-19 be identified in a student or staff member, the District will follow the guidelines published by the Bucks County Department of Health.
- What protocols will you put in place to clean and disinfect throughout an individual school day? Custodial staff will clean the facilities on a daily basis, with emphasis on high traffic/high touch areas.
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured? Custodial staff have been cleaning the buildings in preparation for the upcoming school year using COVID-19 cleaning protocols and have received both manufacture provided and employer conducted training on how to use the purchased cleaning products. Additionally, bus drivers and administration have received in-person training on COVID-19 cleaning procedures and product usage. Staff will receive in-person training on COVID-19 cleaning procedures and product usage prior to the return of students to the school district.

Requirements	Action Steps under Yellow and Green Phases	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>Follow recommended procedures and protocols from the CDC and DOH for cleaning, sanitizing, and disinfecting. All custodians will receive training on how to perform a compliant cleaning procedure, i.e. regular disinfections of high touch surfaces daily, including bleachers, equipment, and lockers.</p> <p>Coaches will be provided disinfection supplies to be used in athletic areas and on athletic equipment and will be trained on proper procedures prior to the first day of practice.</p> <p>Water fountains will be closed. Bottle filling stations will be placed throughout the District.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Dane Yeager- Metz Custodial</p> <p>Blaine Mason- Building and Grounds Director</p>	<p>Cleaning supplies for facilities and equipment.</p>	<p>Yes</p>
<p>Other cleaning, sanitizing, disinfecting, and ventilation practices</p>	<p>Follow recommended procedures and protocols from the CDC and DOH for cleaning, sanitizing, and disinfecting. All custodians will receive training on how to perform a compliant cleaning procedure, i.e. regular disinfections of high touch surfaces daily, including bleachers, equipment, and lockers.</p> <p>Ventilators will be monitored weekly and filters will be changed immediately once a yellow phase is declared.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Blaine Mason- Building and Grounds Director</p>	<p>Cleaning supplies for facilities and equipment.</p> <p>Replacement Filters for Ventilation System.</p>	<p>Yes</p>

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice and game spaces be organized to mitigate spread? The District will encourage social distancing through all facilities by increased spacing and limitation on necessary shared equipment.
- How will you group student athletes with coaches to limit the number of individuals who come into contact with each other throughout the conditioning, practices meetings, games, etc.? Smaller group work will be encouraged with staggered practices to limit mixing between groups. The District will follow the mandates set forth by the PA Department of Health and/or the Governor of the Commonwealth of Pennsylvania on occupancy restrictions for both indoor and outdoor activities/events.
- What policies and procedures will govern use of other communal spaces (bleachers, locker rooms, restrooms, etc.)? Spectators that attend athletic events (when permitted) will be encouraged to social distance and follow all face covering protocols issued by the PA Department of Health and/or the Governor of the Commonwealth of Pennsylvania.
- How will you utilize outdoor space to help meet social distancing needs? Those athletic programs that can practice outside will use outdoor facilities when possible.
- What hygiene routines will be implemented? Student athletes will follow hand sanitizing protocols before and after practice. Hand-washing will be encouraged throughout practice for both student athletes and coaching staff. Hand sanitizer stations will be available throughout each facility.
- How will you adjust student transportation to meet social distancing requirements? The number of student athletes and coaching staff will be limited to 48 per bus (2 per seat). Accommodations will be made for family members to sit together. Student interaction and proximity will also be limited by loading and unloading procedures.
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured? All coaching staff and student athletes will be educated on health and safety protocols prior to the start of the season via meetings, informational packets, and social media platforms.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Protocols for social distancing student athletes and coaching staff throughout all activities, to the maximum extent feasible</p>	<p>Each student will have an assigned gym locker.</p> <p>Practice and activities will require proper social distancing when possible. Practice times will be staggered so that there is limited overlap between groups.</p> <p>Social distancing must be maintained throughout the National Anthem and on the sidelines.</p> <p>Outdoor practices are encouraged. Activities in the gymnasiums will maintain social distancing when possible and shared equipment will be sanitized after student use.</p> <p>Outdoor sports may need to extend bench areas to permit social distancing. Indoor sports will use bleachers or multiple levels of seating to ensure social distancing.</p>	<p>Each student will have an assigned gym locker.</p> <p>Practice and activities will require proper social distancing when possible. Practice times will be staggered so that there is limited overlap between groups.</p> <p>Social distancing must be maintained throughout the National Anthem and on the sidelines.</p> <p>Outdoor practices are encouraged. Activities in the gymnasiums will maintain social distancing when possible and shared equipment will be sanitized after student use.</p> <p>Outdoor sports may need to extend bench areas to permit social distancing. Indoor sports will use bleachers or multiple levels of seating to ensure social distancing.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Blaine Mason- Building and Grounds Director</p>	<p>EPA approved disinfectants</p>	<p>Yes</p>
<p>* Procedures for serving food at events</p>	<p>The use of concession stands will not be permitted under the yellow phase. No food or open containers will be permitted in the gymnasiums.</p>	<p>The use of concession stands will not be permitted under the green phase. No food or open containers will be permitted in the gymnasiums.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>

<p>* Hygiene practices for student athletes and coaching staff including the manner and frequency of hand-washing and other best practices</p>	<p>Hand-washing (for a minimum of 20 seconds) will be encouraged before, throughout, and after practice/competitions for both students and coaching staff. Hand sanitizer stations/dispensers will be available near the gymnasium entrances, as well as in the gymnasiums.</p> <p>Hugging, high fives, shaking hands, holding hands, or fist bumps for support/encouragement will not be permitted.</p>	<p>Hand-washing (for a minimum of 20 seconds) will be encouraged before, throughout, and after practice/competitions for both students and coaching staff. Hand sanitizer stations/dispensers will be available near the gymnasium entrances, as well as in the gymnasiums.</p> <p>Hugging, high fives, shaking hands, holding hands, or fist bumps for support/encouragement will not be permitted.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Dane Yeager- Metz Custodial</p> <p>Blaine Mason- Building and Grounds Director</p>	<p>Hand Sanitizer stations and refills. Hand soap refills for facility restrooms.</p>	<p>Yes</p>
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>Posting of signage in high visibility locations at each facility within the district (gymnasiums, locker rooms, fitness center, etc.) will promote hand-washing, signs and symptoms of COVID-19, cover your cough, etc.</p>	<p>Posting of signage in high visibility locations at each facility within the district (gymnasiums, locker rooms, fitness center, etc.) will promote hand-washing, signs and symptoms of COVID-19, cover your cough, etc.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Signage</p>	<p>No</p>
<p>* Identifying and restricting non-essential visitors and volunteers</p>	<p>The district will prohibit visitors and volunteers from practice and competitions.</p> <p>Events limited to student athletes, coaching staff, officials, school admin, and event workers will not exceed the 10% indoor and 15% outdoor Maximum Occupancy Rule (11/20/2020).</p>	<p>The district will limit visitors and volunteers from practice and competitions. All volunteers will be screened prior to practice and/or competitions.</p> <p>Events limited to student athletes, coaching staff, officials, school admin, and event workers will not exceed the 10% indoor and 15% outdoor Maximum Occupancy Rule (11/20/2020).</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Touchless Thermometers</p>	<p>No</p>

<p>Limiting the sharing of equipment among student athletes</p>	<p>Students should refrain from sharing clothing/towels and pinnies during practices/events. All should be washed after each practice. Athletic equipment that may be used by multiple individuals (balls, shields, etc.) should be cleaned intermittently during practice and events as deemed necessary.</p> <p>Brand specific recommended products should be used on equipment, including balls.</p>	<p>Students should refrain from sharing clothing/towels and pinnies during practices/events. All should be washed after each practice. Athletic equipment that may be used by multiple individuals (balls, shields, etc.) should be cleaned intermittently during practice and events as deemed necessary.</p> <p>Brand specific recommended products should be used on equipment, including balls.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Cleaning Supplies</p>	<p>Yes</p>
<p>Staggering the use of communal spaces (locker rooms, weight room, etc.)</p>	<p>Practice and use of facilities will be staggered so that there will be limited mixing of groups.</p>	<p>Practice and use of facilities will be staggered so that there will be limited mixing of groups.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>
<p>Adjusting transportation schedules and practices to create social distance</p>	<p>The number of students riding a bus will not exceed 2 students per seat. Seating will pair siblings or same household residence together in bus seats when possible.</p> <p>Busses will be loaded back to front and unload front to back to limit student interaction and proximity.</p> <p>Students and staff will be required to wear masks while riding district transportation.</p> <p>Busses will be cleaned and disinfected following each transportation run.</p>	<p>The number of students riding a bus will not exceed 2 students per seat. Seating will pair siblings or same household residence together in bus seats when possible.</p> <p>Busses will be loaded back to front and unload front to back to limit student interaction and proximity.</p> <p>Students and staff will be required to wear masks while riding district transportation.</p> <p>Busses will be cleaned and disinfected following each transportation run.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Mark Kinney- Transportation Director</p>	<p>Cleaning supplies- supplied by the transportation companies</p>	<p>No</p>

<p>Considerations when traveling to competitions</p>	<p>Communication must be had with the host school prior to any/all competitions to discuss plans and any specific policy/procedure. Make sure to follow all policies and procedures the host school has communicated.</p> <p>Make sure your team takes their own medical supplies and follows emergency actions plans when someone shows signs/symptoms.</p>	<p>Communication must be had with the host school prior to any/all competitions to discuss plans and any specific policy/procedure. Make sure to follow all policies and procedures the host school has communicated.</p> <p>Make sure your team takes their own medical supplies and follows emergency actions plans when someone shows signs/symptoms.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>
<p>Considerations when Hosting a Competition</p>	<p>Make sure an administrative contact (cell number and email address) is accessible at all events.</p> <p>Communicate ahead of time with incoming schools and officials about procedures, policies, and guidelines.</p> <p>Examples to be covered include, but are not limited to: Parking, where to enter a facility, what equipment the visiting team(s) should bring, water availability, bench area seating (how many players can be accommodated), locker room availability and resources, emergency action plans, and how will game day paperwork be handled.</p> <p>Facilities must be properly sanitized prior to the visiting team(s) arrival.</p>	<p>Make sure an administrative contact (cell number and email address) is accessible at all events.</p> <p>Communicate ahead of time with incoming schools and officials about procedures, policies, and guidelines.</p> <p>Examples to be covered include, but are not limited to: Parking, where to enter a facility, what equipment the visiting team(s) should bring, water availability, bench area seating (how many players can be accommodated), locker room availability and resources, emergency action plans, and how will game day paperwork be handled.</p> <p>Facilities must be properly sanitized prior to the visiting team(s) arrival.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>

	<p>Frequently clean and disinfect high touch surfaces and equipment including balls.</p> <p>Follow the plan if someone would start to show signs/symptoms.</p> <p>Liability waivers must be sent and signed prior to visiting team(s) arrival.</p>	<p>Frequently clean and disinfect high touch surfaces and equipment including balls.</p> <p>Following the plan if someone would start to show signs/symptoms.</p> <p>Liability waivers must be sent and signed prior to visiting team(s) arrival.</p>			
<p>Limiting the number of individuals in athletic activity and interactions between groups of student athletes</p>	<p>Practices will be limited to rostered athletes and coaches only. Social distancing will be encouraged. Larger groups will be instructed to separate into smaller groups for instruction when possible.</p> <p>In the amended guidelines on Safe gathering limits (School Sports Guidance document) which was released by the Governor’s Office on October 9th, any sports related activities in Yellow or Green phased counties must adhere to the gathering limitations set forth by the Governor’s Pan for Phased Reopening: 10% indoor and 15% outdoor (maximum occupancy).</p>	<p>Practices will be limited to rostered athletes and coaches only. Social distancing will be encouraged. Larger groups will be instructed to separate into smaller groups for instruction when possible.</p> <p>In the amended guidelines on Safe gathering limits (School Sports Guidance document) which was released by the Governor’s Office on October 9th, any sports related activities in Yellow or Green phased counties must adhere to the gathering limitations set forth by the Governor’s Pan for Phased Reopening: 10% indoor and 15% outdoor (maximum occupancy).</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaching staff and others who interact with each other to ensure they are healthy and not exhibiting signs of illness? All students and staff members will be asked to perform health checks each morning prior to the school day. Coaches who work out of the district will screen prior to coming to any practice/event. Student athletes and coaches will submit to a temperature check using a touchless thermometer to a practice that is not directly after school or that is held on a non-school day.
- Who will be responsible for monitoring? During the school day the district will be screening for temperatures through thermal scanners. Coaches will be responsible to screen the student athletes prior to any practice not directly after school or on a non-school day.
- Where will the monitoring take place? Thermal scanners placed at drop/off points and main offices will be used to screen everyone that enters the building. Anyone demonstrating a temperature at or above 100.4 will not be allowed access to the building (visitors) or sent to the nurse's office for further examination. which may necessitate parent or family member contact.
- When and how frequently will the monitoring take place? Each day, upon arrival to school, all staff, students, and visitors will be temperature checked and/or health screened for signs and symptoms of COVID-19.
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to school? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes? Any staff member or student that demonstrates or is feeling symptomatic will immediately be sent to the nurse's office during the school day. Designated isolation areas will be used for those activities after school. Should any student or staff member be positively identified as having COVID-19, the district will coordinate tracking, quarantine/isolation recommendations, return to work/school protocols with the Mercer County State Health Center and CDC.
- When and how will families be notified of confirmed staff or student illness or exposure and resulting changes to the local Athletics Health and Safety Plan? The nursing staff will be responsible for coordination with the family physician(s), school physician, Mercer County Health Services, and State Department of Health during the school day. The coaching staff/sports medicine staff will be responsible for monitoring during practices and events and communicating with administration/ nursing staff if an incident report is filed. The district will notify any families and staff members of potential exposure to COVID-19 immediately through various communication platforms. Any changes to the Athletics safety plan will be board approved and posted on the school website.
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided? How will preparedness to implement as a result of the training be measured? All staff, students and parents will be trained on signs and symptoms related to COVID-19 during in-service days (staff), advisory/morning meetings (students), and through educational packets/ team

meetings (parents) prior to the 2020-2021 school year. Coaches will be evaluated on their knowledge of any and all COVID related policies and procedures via observations throughout the season.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p>	<p>All coaches/volunteers will be responsible for performing daily self-health checks prior to participating in a practice or competition. Any employee registering a temperature at or above 100.4 should not report to work.</p> <p>All parents/guardians will be asked to health check their child(ren) prior to coming to school, attending a practice or competition or utilizing school transportation. The district encourages parents to keep sick children at home.</p> <p>All students will submit to a temperature check using an infrared camera during the school day. Those individuals registering temperatures at or above 100.4 will receive individual screening from the on-site school nurse.</p> <p>Student athletes will submit to a temperature check using a thermometer for a practice or competition that is not directly after school or that is held on a non-school day.</p> <p>District health staff will be responsible for coordination with parents/guardians, family physician, school physician, Mercer County State Health Center, and State Department of Health.</p> <p>The District will comply with all orders issued by the Secretary of the PA Department of Health and/or the Governor of the Commonwealth of Pennsylvania, including the order issued on July 1, 2020 regarding face coverings.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Angela Grim- Lead Nurse</p>	<p>Thermal Scanners and Touchless Thermometers</p> <p>Technology for screening (iPad)</p>	<p>Yes</p>

<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>Utilizing the recommendations of the County of Bucks Department of Health, should a student or staff member become symptomatic during practice or competition, the student or staff member will immediately leave the area/ enter designated isolation areas and put on a mask. The coach will contact the parent/guardian or family member to arrange for transportation off-site and fill out an incident report.</p> <p>The area will be sanitized prior to subsequent usage.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Cleaning Supplies, Technology for reporting/ screening (iPad)</p>	<p>Yes</p>
<p>* Returning isolated or quarantined coaches, student athletes, or visitors to school and/or athletics</p>	<p>Refer to the most recent DOH guidance on home isolation or quarantine and returning to work/school.</p> <p>Requirements could range from clearance from a physician, a negative COVID-19 test, or a minimum of a 14 day quarantine.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Angela Grim- Lead Nurse</p>	<p>N/A</p>	<p>No</p>
<p>Notifying coaching staff, families, and the public of cancelation of sport related activities, school closures and other changes in safety protocols</p>	<p>The nursing staff/sports medicine staff/ coaching staff will be responsible for coordination with family physician(s), school physician, Mercer County Health Services, and State Department of Health.</p> <p>The district will notify any families and staff members of potential exposure to COVID-19 immediately.</p> <p>The district will use the various forms of online platforms (school website, Facebook, mass email notifications, and mass all calls). A formal letter may also be sent out to those exposed.</p> <p>Any changes to this plan will be board approved and posted on the school website.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Angela Grim- Lead Nurse</p>	<p>N/A</p>	<p>No</p>
<p>Other monitoring and screening practices</p>	<p>Screening and symptom charts will be recorded and collected by the Athletic Director/coaching staff for all evening practices and non-school day practices.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>

Other Considerations for Student Athletes and Coaching Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or uncomfortable to return? The District will establish and maintain communications with employees/coaching staff who are, and thought to be, in need of unique safety protocols due to complex needs.
- How will you determine which student athletes are willing/able to return? How will you accommodate students who are unable or uncomfortable to return? The District will establish and maintain communications with parents/guardians of students who are, and thought to be, in need of unique safety protocols due to complex needs.
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes? The District will comply with all orders issued by the Secretary of the PA Department of Health and/or the Governor of the Commonwealth of Pennsylvania, including the order issued on August 17, 2020 regarding face coverings.
- What special protocols will you implement to protect student athletes and coaches at higher risk for severe illness? The District will work on a case-by-case basis with those who identify as high risk to implement special considerations and needs.
- How will you address coaches who are ill, or who have family members who have become ill? The district will follow the guidelines set forth by local health authorities in regards to quarantining/isolation of coaches who become ill or have ill family members.
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available? Assistant coaches, support staff, or athletic administration may be asked to fill in for any and all coaches that become ill.
- Which stakeholders will be trained on these protocols? When and how will the training be provided? All coaches, support staff and athletic administration will be trained prior to the start of the season (ie. coaches meetings and online training).

Requirements	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p>	<p>The district will work individually with students/staff with higher risks for severe illness. The district will develop planning for each student/staff member for attendance and preventative measures while in attendance at school.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Angela Grim- Lead Nurse</p>	<p>N/A</p>	<p>No</p>
<p>* Use of face coverings (masks or face shields) by all athletic staff</p> <p>https://www.health.pa.gov/topics/disease/coronavirus/Pages/Guidance/Universal-Masking-FAQ.aspx</p>	<p>Individuals are required to wear face coverings in accordance with the Secretary of Health's order on August 17, 2020 and updated on October 20, 2020 (unless they meet the exceptions under Section 3 of this order).</p> <p>Coaches, athletes, and spectators (if permitted) must wear face coverings at all times when in a school facility; including outdoors.</p> <p>Athletes are not required to wear face coverings while actively engaged in workouts and competition that prevent the wearing of face coverings, but must wear face coverings when on the sidelines, benches, and in the dugout, etc. and anytime social distancing is not possible.</p> <p>There are no color restrictions on face coverings; however, face coverings must adhere to the Restriction on Advertisements or Sponsor Names on Uniforms Policy, as adopted by the PIAA Board of Directors.</p> <p>Masks will be mandated to be worn on any and all district provided transportation.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Face coverings for staff members that forgot or do not have access.</p>	<p>No</p>

<p>* Use of face coverings by older student athletes (as appropriate)</p> <p>https://www.health.pa.gov/topics/disease/coronaviruses/Pages/Guidance/Universal-Masking-FAQ.aspx</p>	<p>Individuals are required to wear face coverings in accordance with the Secretary of Health’s order on August 17, 2020 and updated on November 20, 2020 (unless they meet the exceptions under Section 3 of this order).</p> <p>Coaches, athletes, and spectators (if permitted) must wear face coverings at all times when in a school facility; including outdoors.</p> <p>Athletes are not required to wear face coverings while actively engaged in workouts and competition that prevent the wearing of face coverings, but must wear face coverings when on the sidelines, benches, and in the dugout, etc. and anytime social distancing is not possible.</p> <p>There are no color restrictions on face coverings; however, face coverings must adhere to the Restriction on Advertisements or Sponsor Names on Uniforms Policy, as adopted by the PIAA Board of Directors.</p> <p>Masks will be mandated to be worn on any and all district provided transportation.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>Face coverings for staff members that forgot or do not have access.</p>	<p>No</p>
<p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p>	<p>The district will establish and maintain communication with employees and parents/guardians of student athletes who are, or are thought to be, in need of unique safety protocols due to complex needs.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p> <p>Angela Grim- Lead Nurse</p>	<p>N/A</p>	<p>No</p>
<p>Management of Coaches and Athletic Staff</p>	<p>The district will follow the guidelines set forth by local health authorities in regards to quarantining/isolation of coaches who become ill or have ill family members.</p>	<p>Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator</p>	<p>N/A</p>	<p>No</p>

	<p>Assistant coaches, support staff, or athletic administration may be asked to fill in for any and all coaches that become ill.</p> <p>All coaches, support staff and athletic administration will be trained prior to the start of the season (ie. coaches meetings and online training).</p>			
--	---	--	--	--

Return to Competition: Stakeholder & Individual Sport Considerations

Stakeholder Group	Considerations under Yellow and Green Phases
Student-Athletes	<p>Teams should consider masking each student responsible for their own supplies.</p> <p>Students should wear their own appropriate work out clothing and not share clothing. Individual clothing/towels should be washed and cleaned after every workout.</p> <p>Athletes should tell coaches/sport medicine staff immediately when they are not feeling well.</p> <p>Student-athletes should keep their mouth guards in their mouth throughout the practice/competition. If the mouth guard is taken out, proper disinfection of the mouth guard should be performed prior to reinsertion. Hands should also be washed or disinfected before doing so.</p> <p>Student-athletes are encouraged to develop healthy habits including, but not limited to: a balanced diet, adequate sleep, and proper hydration. Healthy eating and attention to hydration is important to enhance training capacity and reduce the risk of illness/injury.</p> <p>Student-athletes should bring and use their own water bottles.</p> <p>Student-athletes are encouraged to shower as quickly as possible after a practice/event.</p>
Coaches/ Coaching Staff	<p>Communicate your guidelines in a clear manner to students and parents</p> <p>Consider conducting workouts in “pods” of the same students always training and rotating together in practice to endure more limited exposure if someone develops an infection.</p> <p>Keep accurate records of those athletes and staff that attend each practice incase contact tracing is needed.</p> <p>Coaches should limit game day squad sizes for social distancing purposes.</p> <p>Coaches are reminded to wear proper coaching attire per weather conditions.</p> <p>Coaches should assess levels of risk based on individual athletes on the team who may be at higher risk for severe illness.</p> <p>Coaches should bring their own water bottle(s) and follow/ allow for adequate hydrations breaks for athletes.</p>

<p>Parents/Guardians (A family’s role in maintaining safety guidelines for themselves and others)</p>	<p>Parents/guardians should monitor their children of any symptoms prior to any sporting activities. children who are sick or showing symptoms must stay home. <u>IF IN DOUBT- STAY HOME!!!</u></p> <p>Parents/Guardians should assess levels of risk based on individual athletes on the team who may be at a higher risk for severe illness.</p> <p>Provide personal items for your shield and clearly label them.</p> <p>Disinfect your student’s personal equipment after each game or practice.</p> <p>Be prepared with face coverings for members of your family if permitted to attend events.</p> <p>Inform your coaches/sports medicine staff/nursing staff if your student(s) has been exposed to someone who is known to have COVID-19.</p>
<p>Spectators (when permitted)</p>	<p>At this time spectators for K-12 athletics are not permitted.</p> <p>The Preliminary School Sports Guidance document states that, “The addition of visitors and spectators will be contingent upon future health conditions within the state and local communities.” There is anticipation that more information will be forthcoming from the Governor’s Office and Department of Education.</p> <p>Should spectators eventually be permitted to attend contests, there is anticipation that such attendance will be subject to some important limitations that were also included in the Preliminary School Sports Guidance: Seating areas, including bleachers, must adhere to social distancing requirements of at least 6 feet of spacing for anyone not in the same household. These areas should be clearly marked. Individuals over the age of 2 must wear face coverings at all times.</p> <p>Spectators are not permitted to enter the field of play or bench areas.</p> <p>Non-Essential visitors, spectators, and volunteers should be limited when possible including with external groups or organizations.</p>
<p>Game-Day Workers</p>	<p>Individuals are required to wear face coverings in accordance with the Secretary of Health’s order on July 1, 2020 (unless they meet the exceptions under Section 3 of this order).</p>

Sport-Related Activity	Considerations under Yellow and Green Phases
Fall- Cross Country (Low Risk)	<p>The District will comply with NFHS Rule 8-5, that events contested with 4 or fewer teams will be limited to a maximum of 12 participants from each team.</p> <p>Cross country meets should consider using staggered, wave or interval starts.</p> <p>Possible Rule Modification- Consider widening the course to at least 6 feet at its narrowest point.</p> <p>Consider alternative means of finish place and time to reduce congestion at the finish line. If sticks are used for determining place, disposable sticks need to be used by race.</p> <p>There will be no handshakes, fist bumps, etc. before or after the race.</p> <p>The use of team tents on site is discouraged.</p> <p>Teams must provide individual water for their athletes and discourage the use of water stations and open cups.</p> <p>Social distancing guidelines must be followed for the pre and post meet conference, at the start line, and during tabulations and posting results after the race(s).</p> <p>Officials should consider using an electric whistle if a starting pistol is not used.</p>
Fall- Football (High Risk)	<p>Team Box:</p> <p>The team box may be extended on both sides of the field to the 10-yard lines (for players only) in order for more social-distancing space for the team.</p> <p>Teams should reduce game rosters to allow for more social distancing on sidelines.</p> <p>Where feasible, extend the 2-yard sideline belt to 5 yards.</p> <p>Maintain social distancing of 6 feet at all times while in the team box.</p> <p>Do not share uniforms, towels and other apparel/equipment.</p> <p>Ball:</p> <p>The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.</p> <p>The ball holders should maintain social distancing of 6 feet at all times during the contest.</p>

Clean the ball on a ball rotation to the sidelines. Have ball individuals wear gloves and be supervised and directed by an adult staff member or member of the coaching staff.

Face Masks:

Cloth face coverings are permitted.

Plastic shields covering the entire face (unless integrated into the face mask and attached to the helmet and clear without the presence of any tint) are not allowed during the contest.

Face Shields (attached to the helmet)- It is recommended that teams promote their use by players. Face shields may be worn for play as well as on the sidelines. Helmet manufacturer Scutt has developed a face shield as well as Oakley (used by the NFL). Both will fit a Riddell Helmet.

Tooth/Mouth Protectors:

Student-athletes are recommended to keep their mouth guards in their mouth throughout the entire competition. If the mouth guard is taken out, proper disinfection of the mouth guard should be performed prior to reinsertion. Hands should be washed or disinfected before doing so.

Gloves:

Gloves are permitted but still must comply with Rule 1-5-2b by meeting either the NOCSAE Standard or the SFIA Specification.

Charged Time-Outs and Authorized Conferences:

A single-charged time-out may be extended to a maximum of two minutes in length, specifically to allow more time for rehydration.

For social distancing purposes, the authorized conference for the charged time-out should take place between the 9-yard marks and not at the sideline. (It would be permissible for more than one coach to be involved in this conference and for technology to be used.)

Each game official, player and coach should have their own beverage container.

Encourage the minimization of offensive or defensive huddles and encourage coaching staff to utilize other methods of communication with players (i.e signals, cards, signs, etc.) to minimize grouping.

Intermission between periods and after scoring:

The intermission may be extended to a maximum of two minutes between the first and second periods, the third and the fourth periods, following a field goal (try or successful), safety, and prior to the successful free kick.

Pregame conference, coin toss, and overtime procedures:

For the coin toss, limit attendees to the referee and one designated representative from each team.

Coin toss should take place in the center of the field with designated individuals maintaining social distancing of 6 feet.

No hand shaking or fist bumps prior to or following the coin toss.

	<p>Maintain social distancing of 6 feet while performing all pregame responsibilities with all officiating crew members, game administration staff, chain crew, clock operators, and individuals handling balls during the game and team personnel. Chain crews must wear face coverings.</p> <p>For the overtime procedure, please use the same procedure as used at the start of the contest for the coin toss.</p> <p>Pregame, Quarter, Half-Time and Postgame Ceremony: Water bottles are discouraged on the field of play and should be used off the playing surface. Coaches are encouraged to hold pre-game, quarter, half-time and postgame meetings- socially distant and off the playing surface, where possible. No post game hasking of hands or first bumping.</p> <p>Before, during, and after the contest players, coaches, game officials, team personnel and game administration should wash and sanitize their hands as often as possible.</p> <p>Maintain social distancing of 6 feet at all times while on the sidelines and on the field of play when possible.</p> <p>Everyone should have their own beverage container that can not be shared.</p> <p>Cloth face coverings are required for all coaches and team staff and for all game administration.</p> <p>Gloves are permitted for all coaches and steam staff and for all game administration.</p> <p>Limit the number of non-essential personnel who are on the field level throughout the contest.</p> <p>If available, dressing facilities for game officials and teams should be large enough for them to use social distancing protocols and should be properly cleaned and sanitized prior to next arrival.</p>
<p>Fall- Golf (Low Risk)</p>	<p>The District will adhere to the local course competition rules in relation to COVID-19 accommodations.</p> <p>Social distancing of at least 6 feet should be maintained at all times. No hugging, shaking hands, or fist bumps for support/encouragement.</p> <p>Normal golf groups will be permitted.</p> <p>Limit the use of golf shops and retail operations to maintain social distancing guidelines and prohibited if social distancing guidelines cannot be met.</p> <p>To limit congestion, limiting field size and starting from one tee only is recommended. Consider the expanded spacing of starting times (12minutes apart for groups of 3 and 14 minutes for groups of 4).</p>

	<p>Tees, pencils, ball-markers, and sharpies will not be available. Players must bring their own equipment and food/beverage as needed.</p> <p>Electronic scoring is permitted for regular season competition. The exchange of scorecards by players is discouraged and verbal confirmation of scores may be accepted.</p> <p>To limit congestion, it is recommended that a window of time be established for players to access practice facilities before their round based on their starting times.</p> <p>It is recommended that practice facilities not be used after the round and that all players be encouraged to depart immediately when finished.</p>
<p>Fall- Volleyball (Moderate Risk)</p>	<p>Pre-Match Conference: Limit attendees to the first referee, head coach and one captain from each team. Move the location of the pre-match conference to center courts with one coach and one referee positioned on each side of the net. All four individuals should maintain a social distance of 6 feet. Suspended roster submission at the pre-match conference. Rosters should be submitted directly to the officials' table before the 10 minute mark.</p> <p>Team Benches: Suspended to protocol of teams switching sides/benches between sets. Home team will select their bench prior to the match and remain on the same side for the duration of the match. Team areas may be expanded to promote social distancing outside of playable areas.</p> <p>Deciding Set Procedures: Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining a social distance of 6 feet. A coin toss, called by the home team, will decide serve/receive. Suspend the protocol of teams switching sides/benches before a deciding set.</p> <p>Substitution Procedures: Maintain social distancing of 6 feet between the second referee and the players and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.</p> <p>Officials' Table: Limit to essential personnel (which included home team scorer, libero tracker and timer), with a recommended distance of 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc) are not deemed essential and will need to find an alternative location.</p>

	<p>No handshaking, fist bumping or high fives before or after the match (or during as encouragement).</p> <p>Cloth face coverings are permitted. Plastic face shields are not.</p> <p>Gloves are permitted.</p> <p>Legal Uniform: Long sleeves are permitted Long pants are permitted Under garments are permitted, but must be unadorned and of a single/solid color, similar color to the predominant color of the uniform top or bottom.</p>
<p>Fall- Jr High Girls Basketball (Moderate Risk)</p>	<p>Pre-Match Conference: Limit attendees to the head referee, head coach and one captain from each team. Move the location of the pre-match conference to center courts with one coach and one referee positioned on each side of the half court line. All four individuals should maintain a social distance of 6 feet. Rosters should be submitted directly to the officials' table before the 10 minute mark.</p> <p>Officials' Table: Limit to essential personnel (which included home team scorer and timer), with a recommended distance of 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc) are not deemed essential and will need to find an alternative location.</p> <p>No handshaking, fist bumping or high fives before or after the match (or during as encouragement).</p> <p>Cloth face coverings are permitted. Plastic face shields are not.</p> <p>Team areas may be expanded to promote social distancing outside of playable areas.</p> <p>Everyone should have their own beverage container that can not be shared.</p> <p>The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer (between quarters).</p>

<p>Fall- Marching Band/Color Guard and Sideline Cheer (Moderate Risk)</p>	<p>Indoor Rehearsals: Rehearsals will be held in the auditorium for maximum social distancing.</p> <p>Students are responsible for bringing instruments from home - not stored in the storage room unless it is a large instrument (limits traffic). Color Guard is responsible for taking home their flags and performance props.</p> <p>No sharing of any equipment, water (water bottles), music, pencils, instruments, oil, swabs, sun screen, lip balm, saline solution, etc. Students must bring their own water bottle each rehearsal.</p> <p>Face coverings will be worn when not playing/moving about the rehearsal space.</p> <p>When and if inside, brass will have centralized Buckets with an alcohol solution for inside use.</p> <p>Outdoor Rehearsals: Students are responsible for bringing instruments from home - not stored in the storage room unless it is a large instrument (limits traffic). Color Guard is responsible for taking home their flags and performance props.</p> <p>No sharing of any equipment, water (water bottles), music, pencils, instruments, oil, swabs, sun screen, lip balm, saline solution, etc. Students must bring their own water bottle each rehearsal.</p> <p>Students will arrive at the practice field and leave from the practice field.</p> <p>Face coverings will be worn when not playing/moving about the rehearsal space.</p>
<p>Fall- Football Cheer (Moderate Risk)</p>	<p>Indoor Practices: Outdoor practices should occur, weather permitting.</p> <p>Face coverings must be worn when social distancing cannot be maintained or moving around practice (breaks, etc.). Face coverings do not need to be worn when stunting.</p> <p>Outdoor Practices/Games: Social distancing should be maintained as much as possible on the sideline.</p> <p>When stunting, and if social distancing can be achieved, face coverings do not need to be worn.</p> <p>Students are permitted to wear face coverings. Masks are appropriate, plastic face shields are not.</p> <p>Students should not share equipment such as poms, megaphones, signs, etc. If sharing is required, cleaning of these items must take place periodically throughout the contest.</p>

**Winter- Basketball
(Moderate Risk)**

Pre-Game/Post Game Protocol:

Limit attendees to the referee, head coach, and one captain from each team with each coach standing on the center circle on each side of the division line.

All individuals maintain a social distance of 6 feet or greater at the center circle. ▪ Suspend handshakes prior to and following the Pregame Conference.

Suspend the pregame introduction handshakes; This includes shaking opposing head coach and officials prior to the game.

Suspend post game protocol of shaking hands.

Officials Table:

The host should sanitize the table before the game and at half time.

Place officials table sufficiently away from the sideline to allow for additional space for substitutes.

Limit seats at the table to essential personnel which includes home team scorer and timer with a recommended distance of 6 feet or greater between individuals.

Other personnel (visiting scorer(s), statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.

Team Benches:

Limit the number of bench personnel to observe social distancing of 6 feet or greater.

Place team benches opposite the spectator seating.

Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.

Create separation between the team bench and spectator seating behind the bench.

Limit contact between players when substituting.

Substitutes shall report to the scorer's table but in the event there is more than one substitution, they may sit at the end of the scores table closest to their bench to maintain social distancing.

Equipment and Accessories:

Basketball- shall be sanitized as recommended by the ball manufacturer and not used for warm-ups.

The host school should ensure that the ball is sanitized during time outs and between quarters.

Sanitizer should be provided by the host team at the table.

Cloth face coverings are permissible for players.

<p>Winter- Competitive Spirit (Moderate Risk)</p>	<p>Participants should be appropriately spaced on the court, field or sideline to ensure proper social distancing.</p> <p>Masks may be worn but are not required. No masks may be worn in routines that involve stunting. Any mask worn during a routine that does not involve stunting but involves tumbling must be taped and secure.</p> <p>At Competitions: Judges, officials, adjudicators, etc. should be appropriately spaced to ensure proper social distancing.</p> <p>Equipment and Accessories: Athletes should maintain their equipment themselves and there should be no other shared equipment, including, but not limited to the following: Water bottles, Poms, Megaphones, Signs/Flags. Mats should be cleaned at least each day of activity or as needed according to current guidelines. If different groups are meeting in the same space at different times, mats should be cleaned between groups.</p> <p>Keep stunt groups together in their cohort. Refrain from mixing and matching bases and tops from different groups. Keep stunt groups distanced from other stunt groups when possible (i.e. when not building pyramids), while allowing for all groups to remain on the proper surface for stunting.</p>
<p>Winter- Wrestling (High Risk)</p>	<p>Pre/Post-Match Procedures: Limit attendees to the referee and one captain from each team. The use of a fist bump in lieu of a pre and post-match handshake is recommended. Eliminate handshakes with opposing coaches post-match.</p> <p>General Considerations: Have hand sanitizer and wipes available at the table and wash stations or sanitizer at mat side. No one touches the score sheet except the scorer; If writing implements are used, they should be sanitized and not shared with anyone. Disinfect the mats prior to and following competition. Events should be structured to ensure compliance with current indoor occupancy limits and mitigation requirements by the PA Department of Health and Governor's Office. Athletes and Coaches wear masks off the mat. Schools should communicate in advance regarding any screening policies and occupancy levels to be expected from the host site. Schools may increase the bench area to assist in social distancing (Spread out chairs) . For tournament settings, prohibit all wrestlers from warming up simultaneously for competition. Provide for separate</p>

warm-up areas off of the competition mats for use and sanitize regularly. o Provide for separate warm-up mats off of the competition mat for teams involved in dual competition.

Schools are recommended to only wrestle those schools within their close geographic area.

Considerations for Coaches:

Wear masks on and off the mat.

Eliminate handshakes with opposing teams post-match.

Each team should be expected to provide their own leg bands for competition. **Limit the size of their traveling party to include essential personnel, staff, and only those with the ability to wrestle.**

Consider practicing with wrestlers in pods to limit close contacts across the entire team.

Considerations for Wrestlers:

Daily screening prior to practice and competition should be conducted pursuant to each school's adopted health and safety plan.

Shower after each round and put on a fresh uniform, when able and facilities permit.

Wear masks off the mat when not competing.

Athletics Health and Safety Plan: Professional Development

The success of your plan for resuming sport-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires professional development, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the professional learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate participant learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Cleaning, Disinfecting, Sanitizing	Athletic Staff Members	Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator Angela Grim- Lead Nurse	In person	Handouts, Health and Safety Plan	8/6/2020	As necessary to ensure changes are up to date and communicated
Recognition and Prevention + Healthy Hygiene Practices	Athletic Staff Members	Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator Angela Grim- Lead Nurse	In person	Handouts, Health and Safety Plan	8/6/2020	As necessary to ensure changes are up to date and communicated
“What to do when someone gets sick”	Athletic Staff Members	Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator Angela Grim- Lead Nurse	In person	Handouts, Health and Safety Plan	8/6/2020	As necessary to ensure changes are up to date and communicated

Athletic Health and Safety Plan: Communications

Timely and effective family and caregiver communication about health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, LEAs should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
Athletic Health and Safety Plan	Parents/Guardians, Student Athletes, & Community Members	Brie Simons- Athletic Director, Athletic Trainer, Pandemic Coordinator	All Call- Mass Notification System and School District Website	8/10/2020	As necessary to ensure changes are up to date and communicated

Athletics Health and Safety Plan Summary: LAKEVIEW SCHOOL DISTRICT

Anticipated Launch Date: AUGUST 17, 2020

Use these summary tables to provide your local education community with a detailed overview of your Health and Safety Plan. LEAs are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Health and Safety Plan tables above.

Facilities, Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
* Cleaning, sanitizing, disinfecting, and ventilating athletic facilities, surfaces, and any other areas used by student athletes (i.e., restrooms, drinking fountains, hallways, and transportation)	<p>-METZ Custodial staff and coaching staff has access to EPA approved products, has been trained, and has implemented cleaning regimens that meet OSHA and CDC requirements for sanitizing and disinfecting school facilities in response to COVID-19. This regimen has and will continue to occur daily for all buildings with emphasis on high traffic/touch areas, including bleachers, equipment, and lockers.</p> <p>-Ventilators will be monitored weekly and the filters will be changed on a bi-annual basis.</p> <p>-Water fountains will be closed. Bottle filling stations will be placed throughout the campus.</p>

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and coaching staff throughout all activities, to the maximum extent feasible</p>	<p>-Each student will have an assigned gym locker. -Practice and activities will require proper social distancing when possible. Practice times will be staggered so that there is limited overlap between groups.</p>
<p>* Protocols for serving food at events including meetings and team meals</p>	<p>-Concession stands must adhere to the Guidance for Businesses in the Restaurant Industry. No food or open containers will be permitted in the gymnasiums. (Phase permitting)</p>
<p>* Hygiene practices for student athletes and coaching staff including the manner and frequency of hand-washing and other best practices</p>	<p>-Hand-washing will be encouraged throughout practice for both students and coaching staff. Hand sanitizer stations/dispensers will be available near the gymnasium entrances, as well as in the gymnasiums.</p>
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>-Posting of signage in high visibility locations at each facility within the district (gymnasiums, locker rooms, fitness center, etc.) will promote hand-washing, signs and symptoms of COVID-19, cover your cough, etc.</p>
<p>Identifying and restricting non-essential visitors and volunteers</p>	<p>-The district will limit visitors and volunteers from practice and competitions. All volunteers will be screened prior to practice and/or competitions. (Phase permitting) Currently, events will be limited to student-athletes, coaching staff, officials, administration, and essential personnel.</p>
<p>Limiting the sharing of materials and equipment among student athletes</p>	<p>-Students should refrain from sharing clothing/towels and pinnies during practices/events. All should be washed after each practice. Athletic equipment that may be used by multiple individuals (balls, shields, etc.) should be cleaned intermittently during practice and events as deemed necessary.</p>

<p>Staggering the use of communal spaces (i.e. locker rooms, weight rooms, etc.)</p>	<p>-Practice and use of facilities will be staggered so that there will be limited mixing of groups.</p>
<p>Adjusting transportation schedules and practices to create social distance between student athletes</p>	<p>-The number of students riding a bus will not exceed 2 students per seat. Seating will pair siblings or same household residence together in bus seats when possible. Masks must be worn on all district transportation.</p>
<p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p>	<p>-Practices will be limited to rostered athletes and coaches only. Social distancing will be encouraged. Larger groups will be instructed to separate into smaller groups for instruction when possible. Phased depending: 10% indoor and 15% outdoor for maximum capacity in the Green and yellow phases for all sporting events and activities.</p>

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athlete and coaching staff for symptoms and history of exposure</p>	<p>-All coaches/volunteers will be responsible for performing daily self-health checks prior to participating in a practice or competition. Any employee registering a temperature at or above 100.4 should not report to work.</p> <p>-All parents/guardians will be asked to health check their child(ren) prior to coming to school, attending a practice or competition or utilizing school transportation. The district encourages parents to keep sick children at home.</p> <p>-All students will submit to a temperature check using an infrared camera during the school day. Those individuals registering temperatures at or above 100.4 will receive individual screening from the on-site school nurse.</p> <p>-Student athletes will submit to a temperature check using a thermometer for a practice or competition that is not directly after school or that is held on a non-school day.</p>

*** Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure**

-District health staff will be responsible for coordination with parents/guardians, family physician, school physician, Mercer County State Health Center, and State Department of Health.

-Utilizing the recommendations of the County of Bucks Department of Health, should a student or staff member become symptomatic during practice or competition, the student or staff member will immediately leave the area/ enter designated isolation areas and put on a mask. The coach will contact the parent/guardian or family member to arrange for transportation off-site and fill out an incident report. The area will be sanitized prior to subsequent usage.

*** Returning isolated or quarantined coaching staff, student athletes, or visitors to school/activity**

-Refer to the most recent DOH guidance on home isolation or quarantine and returning to work/school. Requirements could range from clearance from a physician, a negative COVID-19 test, or a minimum of a 14 day quarantine.

Notifying coaching staff, families, and the public of cancellation of sport-related activities, school closures and other changes in safety protocols

-The nursing staff/sports medicine staff/ coaching staff will be responsible for coordination with family physician(s), school physician, Mercer County Health Services, and State Department of Health. The district will notify any families and staff members of potential exposure to COVID-19 immediately. The district will use the various forms of online platforms (school website, Facebook, mass email notifications, and mass all calls). A formal letter may also be sent out to those exposed. Any changes to this plan will be board approved and posted on the school website.

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p>	<p>-The district will work individually with students/staff with higher risks for severe illness. The district will develop planning for each student/staff member for attendance and preventative measures while in attendance at school.</p>
<p>* Use of face coverings by all coaches and athletic staff * Use of face coverings by student athletes as appropriate</p> <p>https://www.health.pa.gov/topics/disease/coronavirus/Pages/Guidance/Universal-Masking-FAQ.aspx</p>	<p>-As of August 17, 2020 (update on 11/20/20) the PA DOH issued a universal face covering order. School districts, their staff and students are obligated to follow this mandate. Masks will be mandated to be worn on any and all district provided transportation. Student athletes have the option to wear a mask during physical activity. For safety reasons, face Shields are not permitted to be worn by student athletes while active. Spectators, if permitted, must also wear face coverings.</p>
<p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p>	<p>-The district will establish and maintain communication with employees and parents/guardians of student athletes who are, or are thought to be, in need of unique safety protocols due to complex needs.</p>
<p>Management of coaches and athletic staff</p>	<p>-The district will follow the guidelines set forth by local health authorities in regards to quarantining/isolation of coaches who become ill or have ill family members. Assistant coaches, support staff, or athletic administration may be asked to fill in for any and all coaches that become ill. All coaches, support staff and athletic administration will be trained prior to the start of the season (ie. coaches meetings and online training).</p>

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for the **Lakeview School District** reviewed and approved the Phased School Reopening Health and Safety Plan on **August 17, 2020**.

The plan was approved by a vote of:

Yes

No

Affirmed on: **August 17, 2020**

By:

(Signature of Board President)

(Print Name of Board President)